

Women's Weekend Retreat

April 18 - 20, 2008



Sharing Your Passions, Telling Your Stories at . . .

The Mountain Retreat & Learning Center

For Women of All Ages . . . an opportunity to build and renew your spirit, gaining insight and strength to be your best self back in your community.

Join group discussions, share personal experiences, participate in community singing and ritual, walk the Labyrinth, hike in the breathtaking beauty of the surrounding Nantahala National Forest, or just appreciate the view from the

lodge deck and have some quiet time alone. You'll also enjoy the chance to spend time together around a campfire sharing stories, laughter and song.

So, take a weekend for yourself, meet new friends, and return home feeling physically, spiritually, and emotionally rejuvenated. We look forward to seeing you here!



Cost - \$143 (includes program, meals & lodging)
Commuter Rate - \$93 (includes program & meals only)
NEW this year . . . 4-Day Option - \$193
Come Thursday & enjoy a Friday morning peace workshop!

Call and register today!!! 828-526-5838 ext. 0

The Mountain Retreat & Learning Center, Inc.

~ energizing people for generations to come ~

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